

Remember

February 20 to wish
Mrs. Baker in the
Main Office a very
Happy Birthday

Gallatin High School

GHS WaveLength

The GHS WaveLength is produced by
Mrs. Desposito's Enrichment class.
Kaylee Ledford, Student Editor

FCA Speaker Teaches

Learning Strength and Leadership From Rapper

By Rebecca Thornton and
Dazanae Mosby

Christian rapper, Willie Prince came to inspire members the GHS Fellowship of Christian Athletes recently.

"Use your influence," he told the assembly before school January 24. "It only takes one person to get it — to light a fire."

Prince came to Gallatin with Matt Malone, youth minister of Life.Church in Hendersonville.

"Matt is a youth minister who — because of his age — relates very well with our youth," said FCA sponsor Mr. Mark Wilson.

A former high school athlete, Prince spoke to the GHS students about being leaders in the school.

"Use your influence wisely and I guarantee you'll start to see the difference," he said. "I see the potential in all of you, I do!"



SHORTWAVE

Interested in joining a Shortwave Radio Club? See Mr. George in Room 231 any day during Enrichment. Bring a note from your teacher.

Kitty Classroom

By Kaylee Ledford and
Olivia Meredith

The Agriculture Department has an ever-increasing cadre of critters. This year's fluffy addition are the cats Blue and Gray.

Abandoned at the school, these fluffy friends join the Agriculture Department's growing collection of animals, including a bunny and chickens — even a cow head mounted on a wall.



Vivian Wright

Best Buddies Preps for Posh Prom

By Kaylee Ledford and Marcell McMurry

The Gallatin High School Best Buddies chapter is making preparations to attend the Best Buddies prom in Nashville this February 10 at Bridgestone Arena.

This annual event tops off a year of social events for chapters across Middle Tennessee and elsewhere.

BEST BUDDIES



"People fly in from all over to come," said GHS Chapter President Kaylee Ledford, "They come from places like New York and Maine and places like that."

Best Buddies International is a nonprofit organization dedicated to establishing a global volunteer movement that creates opportunities for one-to-one friendships ... and leadership development for people with intellectual and developmental disabilities.

Best Buddies connects challenged students with students at their school with whom they do not normally interact.

"I joined because I was interested in helping — not even helping so much as just making sure that people who are different are not separated," said Ledford, who has been involved in Best Buddies since her freshman year here at GHS, "It's just something that I've always been passionate about."

Frisbee Club

By Chris Palacios

Ultimate Frisbee is one fun sport to play with friends and family. You can even make new friends in your neighborhood! Ultimate Frisbee is a sport that takes not very much skill to play. It's fun: believe me! I played.

It's a mixture of football, soccer and even basketball, believe it or not.

Ultimate Frisbee is a sport played on a field similar to football with end zones but the thing is there is no physical contact, which is a good sport to play with friends because you probably will not fight about fouls. There is a total of seven players per team, but could be played with more if it is an even number. Players have the right to call fouls if touched, and each score or goal is one point. The team with the most points at the end of the game is declared the winner.

For you people out there that really don't like sports, I encourage you to play this game. You never know: you can end up loving it!

The Ultimate Frisbee Club is sponsored by Mr. Overholster and meets Mondays and Wednesdays (and some Fridays) on the soccer or track fields.

The Ultimate Frisbee club originated as an extension of the cross country team 3 years ago.

"I started it up after playing Frisbee with the team at the end of their season for two reasons," said Club Sponsor Mr. Overholster. "I love frisbee, and a lot of the team was interested in playing more frequently."

The club has no official membership or officers, and they've had a wide variety of people participating – ages 6 years old to people in their 50s, Mr. Overholster said.

"We simply meet 1-2 times a week to play frisbee together," he said. "Just a fun way to meet people and exercise."

Living the

Soccer Life

By Ben Carter

GHS Soccer Coach Greg Harper gives his players more than exercise and team spirit: he gives them skills on the field that translate into their larger lives.

Senior Noah Lawler, a backfielder, started playing soccer when he was a small child, and he loves the sport for the athletics as well as the dedication that it teaches players. Lawler says the sport teaches hard work and that it takes dedication to excel at anything, not just sports. But it is one of Coach Harper's off-field lessons that resonates with him most.

"Coach (Harper) always told me to think before you speak, because you never know what the other person might be going through, or having trouble with themselves."

Fellow senior Ashton Hall believes this spring the team will continue to improve, working from their weaknesses and turning them into strengths.

"We should communicate more on the field, connect more, because if you can't communicate with your team members, you won't be able to adequately play the game," says Hall.

Learning to identify weaknesses and create game plans for improving is another of Coach Harper's biggest life-lessons.

Ashton's mother, Tammy Hall,



Travis Vaske was one of six FFA members competing from across Northern Middle Tennessee. They were the winners of their district contests. In the Creed Speaking event freshmen FFA members recite the five paragraph FFA creed from memory and answer questions asked by the judges on the meanings behind the creed.

said her son's time on Coach Harper's team has made him more than just physically strong. It has made him emotionally strong enough to face down any obstacle – even those he has put in front of himself.

"I can see that he has become stronger as a young man and has grown mentally and physically," said Mrs. Hall. "Although it has been tough, I have supported him meeting his requirements for the team."