

Look!

Giving Back, Winter Plans, Hubert Payne, Lady Wave & More!

GHS *WaveLength*

The GHS *WaveLength* is produced by Mrs. Desposito's Enrichment class.

How Mr. G "Earns The G"

By Amanda Cassadine

FBLA leader Mr. Yancey Gregory is feeling the holiday spirit this year. Every year he and his wife participate in several programs to help the needy. This year they "adopted" a new child through Compassion International, a program that blesses needy children all over the world with food and clothing.

Mr. Gregory also donates to a gift-giving program called Nashville Rescue Mission, which provides a warm place to stay and food for the homeless. It receives no government money. The newest edition to the Gregory checklist is a new program that sends iPod Shuffles to elderly dementia patients because the devices can help stimulate brain activity.

"It makes the holidays much more enjoyable for them," he says.



This is because the brain retains the ability to understand music longer than any other function.

Mr. Gregory already wins as a teacher but with his spirit of giving he truly earns "The G."

NHS Coat Drive

Drives Home the help

By Amanda Cassadine

The GHS community donated more than 250 coats during the National Honor Society's annual coat drive.

In November and December, volunteers from the Honor Society waited in front of the school's main office before classes began and collected donations from students and faculty. This was an annual event until 2014, when it was discontinued ... but after only 1 year the NHS brought it back.

"At first it was a little slow, but once people recognized it, the students and teachers were very excited to give," said NHS Co-President Elizabeth Bates.

Freedom Church and other churches in Gallatin also collected coats for the drive, a reflection of how this GHS tradition influences the Gallatin community as a whole. Elizabeth Bates, Dakota Gaffield, and Juliette Spurling have played an important role in restarting this warm tradition.

"Keep up the good work, GHS! And stay warm this Christmas!" Bates said.

A Dinner for Family Dinner Week

By Isis Crawford

The FCCLA honored National Family Dinner Week with an evening of entertainment and speech by Gallatin community leader P.J. Davis.

The event was held at Gallatin High School for invited students, families and an adopted day care on November 17.

The Family, Career and Com-

munity Leaders of America club invited Shalom Zone Executive Director P.J. Davis to speak about the importance of eating right and spending time as a family unit. She stressed that it is important for kids to learn these behaviors so they can carry them from generation to generation, which can result in a tighter family unit which is less likely to separate.



Hubert Payne, drummer for Little Big Town, spoke to Jacques Williams' Personal Finance classes Dec. 9.

Hubert Payne with Elizabeth Ponce in Coach Williams' first block class.

Big Plans For Winter Break

By Isis Crawford

GHS students have some big plans and some small plans for the winter break. Regardless of the size of the plans, making the most of the break is a top priority.

Raj Patel, 11th grade, is traveling to India to attend three weddings. He is hoping to create memories that will stay with him forever.

"I think India will be a great experience. It will be a great experience to see my entire family from both my mother and my father's side, he said.

"Of course the trip will include a lot of air time (in a plane). I believe it is 20 hours. But I am hoping for an awesome time at the weddings I will be attending."

Manmer Chol, 10th grade, says over winter break "I will be work-



ing and I will be eating, going to church ... and my cousins from Australia are coming so that's going to be the highlight of my Christmas break."

Her cousin, Nyadak Thot, is a model known as "Duckie" from Melbourne, Australia who was one of the final 3 contestants on the show "Australia's Next Top Model."

Zhane Oakley, 10th grade, is



looking forward to a trip with his family to visit Louisiana. But he isn't sure which city they will travel to.

"We're just going to go see sights," he said. "I don't plan these things. I just go."

Syd Thomas, 11th grade, is heading to Sacramento, California to visit her grandparents and her former house. Her extended family will be participating in the grand awards ceremony for the family football pool. The winner receives \$250!

Robert Davies is going to Winterhaven, Florida to visit his paternal grandparents. He'll be gone for a week. Although his grandparents used to live here, they recently moved to Winterhaven because his grandmother likes the warm weather.

Mrs. Hughes-Mercado is going to Destin, Florida before heading off to the French Quarter in New Orleans. Travelling is convenient for her and her husband because they do not have any family in Middle Tennessee, she said.

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Lady Wave: Transition with Tradition

By Amanda Cassadine

In his first year as head coach for the GHS Lady Wave, Coach Malcom Montgomery says he's feeling pretty good about the transitional period the team is working through this season.

"They're growing and the girls have good attitudes," he said. "They're working hard. The basketball will take care of itself."

Coach Montgomery is implementing a new style of play during practice which requires a faster pace than the team is used to.

But he says that the seniors are stepping up to help lead the team and he is hopeful that next year's seniors will have a home court advantage in the 2016-17 season.

Tri-Hi-Y Service Projects Keep Hearts Warm

Tri-Hi-Y service club collected blankets for Gallatin



C.A.R.E.S. during November.

This is the third year that Gallatin C.A.R.E.S. has collected blankets for community members in need of extra warmth.

Tri-Hi-Y was founded as an all-female version of the YMCA's Hi-Y high school service clubs.

The Tri-Hi-Y club also "adopted" a foster child for whom they bought Christmas presents. The club used money raised through bake sales last year. The group bought the 6-year-old clothes, toys and art supplies.

Below, left to right: Ms. Glenda Hart, Dakota Gaffield, Teresa Anenike, Anna Pursley.



Photo by Mrs. Desposito